

Silje Alberthe Kamille Friis, doctoral candidate, recently came from Denmark to attend a Thera Training. While here, she shared some of the drawings she did which she uses in her Trainings. They were so delightful she is allowing us to share them with you on this website.

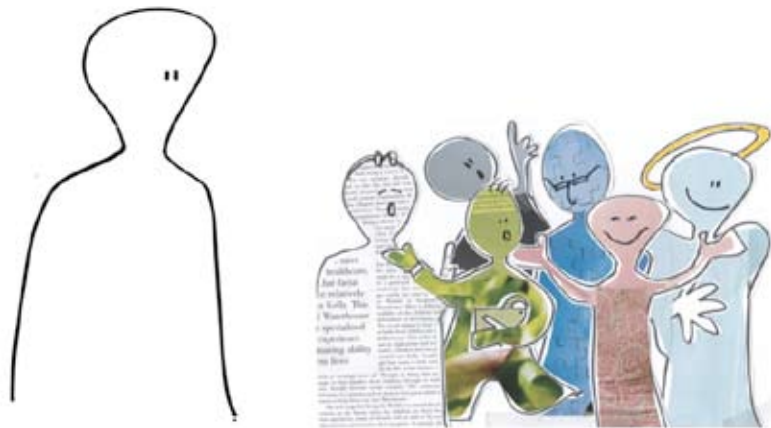
If you want to use them, you may, but please remember they are her property. She should be credited and acknowledged each time.

VOICE DIALOGUE DRAWINGS

by Silje Alberthe Kamille Friis

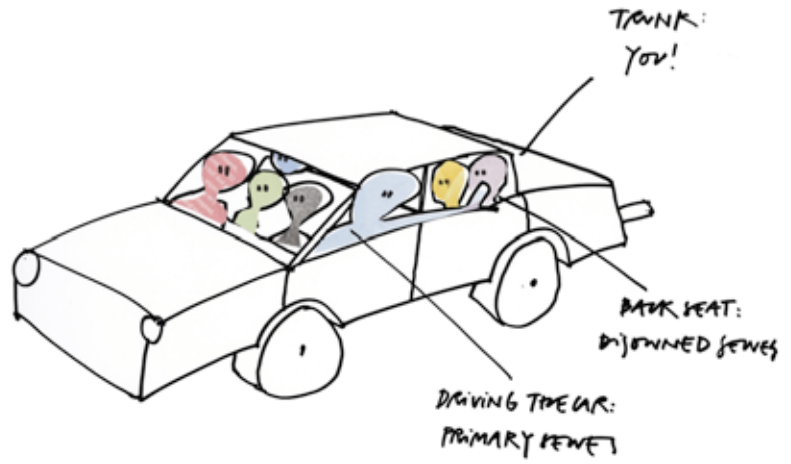


MANY SELVES



SEPARATING FROM THE SELVES

continued on the next page



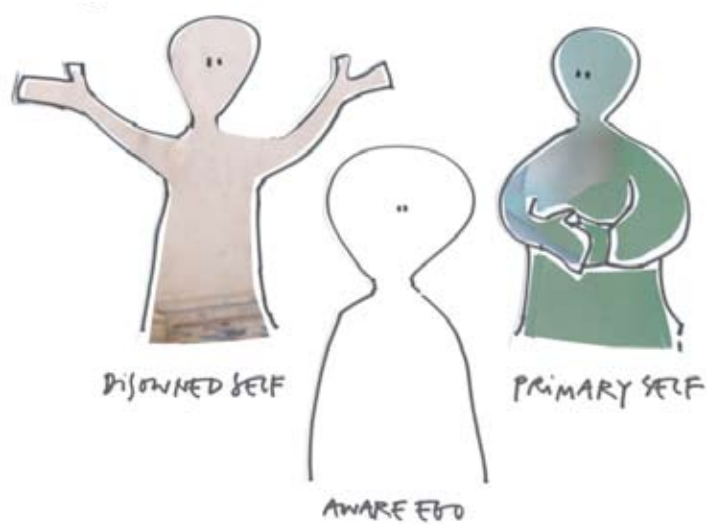
PSYCHOLOGICAL CAR



PUSHER

PLEASER

PERFECTIONIST



DISJOINED SELF

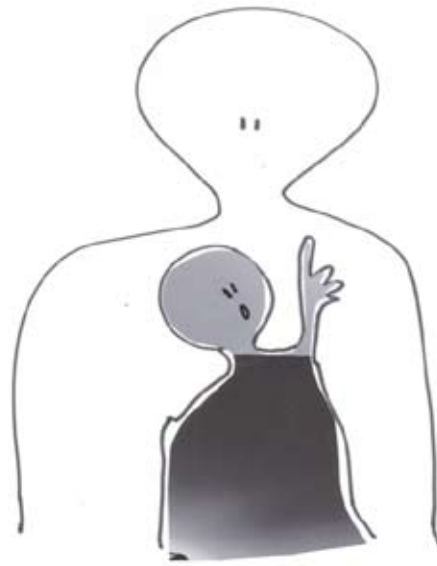
AWARE EGO

PRIMARY SELF

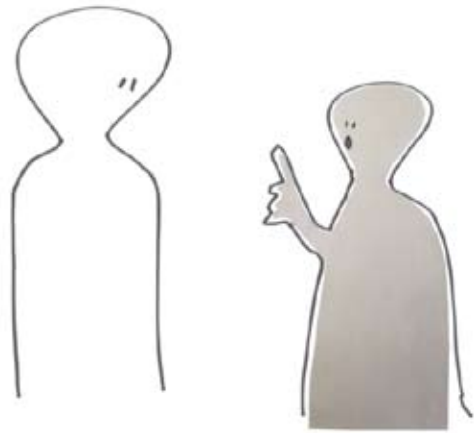
BALANCING THE SELVES

continued on the next page

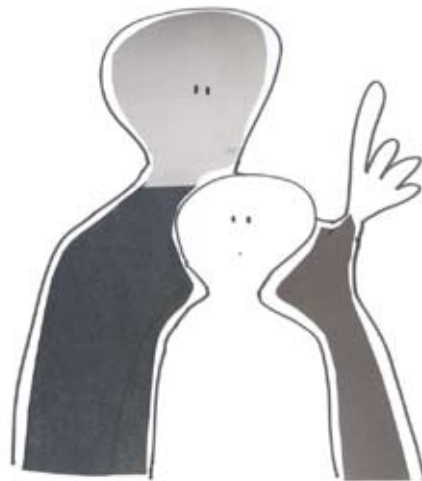
This article was found at: www.voicedialogue.org. Please visit us for more articles and other resources.



INNER CRITIC



SEPARATING FROM THE INNER CRITIC



INTEGRATED CRITIC

Please visit Silje Alberthe Kamille Friis on www.facebook.com.

This article was found at: www.voicedialogue.org. Please visit us for more articles and other resources.